

Cultural Competency Assessment Tool

This is a self-assessment tool designed to evaluate your own personal perceptions of culture. Please read over the questions, mark your answer choices and then tally up your points.

There is no answer key associated with this assessment tool. However, if you score under 50 points you may not necessarily demonstrate beliefs, attitudes, values and practices that promote cultural and linguistic competence within clinical trials recruitment and retention.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Recruitment of ethnic minorities into clinical trials is becoming increasingly important to medical research.					
The presence of a language barrier is not an indication of a person's level of intellect.					
Regardless of cultural background, I treat all my participants with respect.					
I understand that in some cases, someone other than the participant makes the decisions concerning his/her health. Example: an elder (grandparent), a male figure (father/husband), or an older son/daughter of the participant who doesn't have a language barrier.					
I understand that family dynamics may differ and vary across all cultures and even within individual families of the same culture.					
I understand that culture effects:					
• Lifestyle attitudes					
• Self-care					
• Religion/spiritual beliefs					
• Social expectations					
• Social and health behaviors					
• Food/diet					
• Views on death					
• Education					
• Child-rearing practices					
• Gender roles					

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Culture influences a person's beliefs and belief systems relating to health, healing, wellness, illness, disease, and the delivery of health services.					
A person's culture can influence how they communicate, both verbally and nonverbally (ex. Eye contact, their use of humor in a situation, the questions they ask and how they respond.)					
I do not allow my personal beliefs to color the way I interact with my participants.					
I always try to find solutions that respect and work in conjunction with the participant's cultural beliefs and study protocols.					
I understand that a participant may choose to use traditional home remedies along with Western medicine and/or treatments used in clinical trials.					
Being culturally competent will allow me to better communicate with my participants, enabling me to be more successful at clinical trials recruitment.					
Regardless of whether or not the participant decides to enroll into clinical trials, I understand that I have to respect his/her decision.					

____ x 5 ____ x 4 ____ x 3 ____ x 2 ____ x 1

Total Points = _____